V	Task	Description
	Moving Supplies	Get boxes, tape, bubble wrap, packing paper, Sharpies, colored construction paper. Get enough to pack up things that you want on the truck, but are important for you to know exactly what is in that box. Also, there may be some things you want to take with you.
	Staging spot	Find a spot where you put things you do not want the movers to pack or put on the truck. This is your staging area for what you want to take with you.
	Bedding	Wash and pack your bedding to take with you. As soon as your bed is set up, you can make it and have a comfortable place to sleep. (One of my mother's tips that has served us well over the years.)
	Remotes and cords	Before movers arrive collect the pieces of electronics (cords, remotes, keyboards, mouse, etc.) and put them in plastic bags. Attach the bag to the electronic that it goes with (I usually tape it somewhere on the back).
	Meal Prep	If you are going straight to a new home and want to be able to make a minimal meal, pack as many plates as there are people, utensils, one pan or cookie sheet that can go in an oven. You may even want to put paper plates in the box.
	Cleaning Supplies	If you are driving to your new location, you can pack a box of cleaning supplies to take with you in your car. If you are having everything put on the moving truck, you will need to dispose of anything that could spill and cause a chemical reaction. Your moving company will tell you what they will not take. It is wise to give these to a neighbor or dispose of them in an environmentally safe way before moving if you can replace them when you get to where you are going.
	Basic essentials	Pack a box of basics that will come in handy when you get to your new home. Trash bags, paper towels, toilet paper, flash light, box cutter or scissors (or both), pad of paper, pen.
	Clothing	If you are not going straight to a new home, but into temporary housing for a period of time. Think about the weather and the possibility of having a change in temperatures prior to having your things delivered at a new home. You will have to take a few things with you, vs. putting them on the truck, if you believe that you may experience a seasonal change.
	Toilettries	Put your personal necessities in the staging area. Make sure you have everything you need for what may come up before your moving truck arrives and you are unpacked. This would likely include shampoo, conditioner, soap, towels, additional hair and body products.
	Pet essentials	If you have a pet, they are going to need to be fed, have treats, maybe a favorite toy, litter box or anything else that they need on any given day. Put their things in the staging area.

V	Task	Description
	Trash	Empty all of your trash. I've had kitchen trash show up in a box at a new place. If you are being packed by movers, they will pack everythingeven trash!
	Cleaning tools	Whether it is a broom, vacuum cleaner, swiffer or mop you will want a way to clean up potential messes as things are being delivered or you are unpacking. These can put together and you can ask the packing crew to make sure they are in the same box. Have them use your "Load Last - Unload First" method of identification (this will be explained later).
	Valuables	Jewelry, small electronics, small expensive items or irreplaceable items should be packed by you no matter what. You can put these into a suitcase, box or bags. Make sure that you have a way to transport these things yourself.
	Personal items	I am not a fan of movers packing my undergarments or other personal items. I go ahead and pack those things prior to them arriving.